



**Triumph**

Interventional Orthopedics  
and Sports Medicine

- Dr. Kaila A. Holtz
- Dr. Paul Adamiak
- Dr. Ahmed El-Sayed
- Dr. Heather Wray
- First Available

## RAPID ACCESS SPORTS MEDICINE

### PATIENT INFORMATION

Last Name

First Name

Gender

Preferred Pronouns (he/him, she/her, they/them)

Date of Birth (day/month/year)

Personal Health Number

Address

City

Province

Postal Code

Phone

Email

Patient consents to communication via email?

Yes  No

### REFERRING CLINICIAN

Name

MSP Billing #

Referring Physician Fax Number

#### Rapid Access (2 to 4 weeks)

- Sprain or Strain Injuries
- Worksafe MSK Injuries
- Sport Concussion Clearance
- Return to Play
- Osteoarthritis Flare
- Suspected Bursitis

#### Routine (> 4 weeks)

- Rotator Cuff Syndrome
- Epicondylitis
- Tendinopathy
- Plantar Fasciitis
- Chronic Joint Pain

Reason for Referral:

**NOTE:** Please attach relevant clinic notes and imaging results

#### WE DO NOT ACCEPT REFERRALS FOR:

- ⊗ ICBC Related Neck or Back Pain
- ⊗ Chronic Pain Management
- ⊗ Non-Sport Related Concussion
- ⊗ Opioid Prescriptions

Learn more at [triumphmsk.com](http://triumphmsk.com)

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